

Biographical Statement

Dr Shamshad Ahmed, Ph.D., LPC.,NCC.

Born and raised in India, I was educated in a Catholic Institution and exposed to a wide variety of diverse teachers and students. All members at school belonged to diverse socio economic background and religious background. I moved on to complete my Master's and post Master's in Psychology. I got my first job assignment as an Assistant Professor and worked in a community college for fourteen years. I began to feel saturated and hence wanted more excitement and spice in life. I travelled to United States for my doctorate and graduated from North Carolina State University in 2005. The same hire I got hired at Marywood University in Scranton Pennsylvania as an Assistant professor and am currently enjoying my teaching, service and scholarship.

My research topic for my dissertation was Mental Health of Muslims living in America. I had arrived at United States on September 10, 2001, a day before 9/11 happened. This incident had a severe impact on all Americans and particularly the Muslims. I am a Muslims and I witnessed the trauma, anxiety and depression Muslims in America were experiencing. I decided to help the community and fill in the void of research about this underserved and under researched population.

I continue my passion for topics and interests in Muslims, ethnic groups, Internationals, and Immigrants. Listed below are some of the topics I have been currently involved with my own research or supervising and mentoring student research:

Research Interests:

- Race and gender
- Immigrants and transition difficulties
 - Cultural Competency
 - Family issues and concerns

Research Conducted

- 2010 Impact of domestic violence on ethnic families
- 2009 Impact of Parenting styles on life satisfaction and self esteem of ethnic adolescents
- 2005 Mental health of Muslims in America, North Carolina State University – Dissertation.

DISSERTATION-Chair

2010 Measuring the Effects of War on Parents Using an Emotional Stroop Task.

DISSERTATION COMMITTEE MEMBER

2006 Self Object Needs and Attachment behavior: Investigating their influence on Self Esteem, Narcissism and Psychopathy

2007 Quality of Life and Clinical and Sub-Clinical Trichillomania

2006 Media Influence on Body Image and Eating Attitudes Across Cultures.

DISSERTATION READER

2009 Impact of Life-Skills training on Self Awareness, coping with emotions and
Self-Esteem of Adolescents (Reader, University of Madras, India)

2009 Social Workers' experience of creating and implementing the mental health
discharge plan within a recovery perspective

2007 Act 101 Programs as Learning Communities: Using the Construct of Mattering to
Enhance Higher Education Service Delivery

2008 Social Workers experience of creating and implementing the mental health
discharge plan within a recovery perspective

2007 Identified factors contributing to the development of expert knowledge by
family based mental health practitioners

QUALIFYING EXAMINATION

2009 Intercultural Competency

THESIS CHAIR

2010 Spiritual well being and depression and the relationship with gender, race,
Religion and socioeconomic background

2009 Burnout in Mental Health Professionals
2007 The Effects of Spirituality, Acculturative Stress and Coping Techniques on
Life Satisfaction in Christian and Muslim Egyptian Christians

2007 Gender Stereotypes and Women in the Workforce: Influencing Factors on
the hiring Process

THESIS COMMITTEE MEMBER

2009 Impact of parenting styles on life satisfaction and self esteem of ethnic
adolescents

2009 Life Satisfaction among Nursing home residents

2009 The Relationship between attributions of blame for domestic violence in a just world, and
adherence to domestic violence myths

PROFESSIONAL CONTRIBUTION ADVISOR

2010 Childhood Precursors to Psychopathy
2007 Stereo Type in Work Place

2007 Tracing the Implications of Stereotype Threat Research from African
Americans' Cognitive Ability Assessment to Caucasian Athletic
Performance